



Packing List for your Holiday to the Seychelles

Documents

- Passport
- Travel documents (hotel voucher, transfer voucher, all confirmations that you have received from SeyVillas)
- Driving licence
- Health insurance documents
- Credit card(s)
- (optional) Cash in euros
- If you want to go scuba diving: diving certificate

Clothes and Accessories

- Bathing suit
- Beach clothes
- Light and comfortable clothing: shorts, t-shirts, tank-tops, summer clothes etc.
- Hat or something else to cover your head
- Sunglasses
- At least one smart piece of clothing for evening meals in a luxury hotel or resort
- Flip-flops and/or sandals
- Sports shoes (for hiking and the flight)
- Water shoes
- Beach towel
- UV bathing shirt (or another t-shirt to wear in the ocean)
- Backpack or beach bag
- Comfortable and warm clothes for the flight
- Umbrella or rain jacket/poncho
- Snorkelling equipment

Other

- Power adaptor (British 3-pin system)
- Torch or headlight for bike riding on La Digue
- Travel guide
- Sleeping mask
- Earplugs
- Charger cables for your phone and camera
- Power bank
- Headphones
- Camera
- Waterproof bag

Health and Beauty

- Sunscreen (high factor)
- Aftersun
- Mosquito repellent
- Cream against bug bites
- Shampoo and shower gel
- Small hair dryer (check if your accommodation has one)

First aid kit:

- Painkillers
- Antihistamines
- Anti-nausea tablets
- Anti-diarrhea tablets
- Stomach tablets
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- Plasters and disinfectant

Be Sustainable

- ✓ Bring re-usable shopping bags with you.
- ✓ Bring your own shampoo and shower gel to avoid opening hotel products. Take these home with you as well, even if they are almost empty.
- ✓ If you want to reduce plastic use even further, you can buy solid shampoo and shower gel and keep it in a box.
- ✓ Use sunscreen that will not damage corals.
- ✓ If you are going to spend plenty of time in the water (e.g. when snorkelling) then wear a long-armed UV shirt in order to reduce the amount of sunscreen that ends up in the water.
- ✓ Avoid single-use products such as disinfectant wipes or sanitary products; instead, use re-usable alternatives (e.g. menstrual cup, washable make-up pads etc.)